

LESA
Health Education, 2006-2007
Resources

More Resources

Websites

1. American Association for Health, Physical Education, Recreation, and Dance
<http://www.aahperd.org/aahe/>
2. American Heart Association
<http://www.americanheart.org>
3. Centers for Disease Control and Prevention
<http://www.cdc.gov>
4. Education Resource Organization Directory from the US Dept. of Education
<http://www.ed.gov/Programs/EROD>
5. Federal Trade Commission
<http://www.ftc.gov>
6. Health and Fitness
<http://www.pbs.org/teachers>
7. Health Teacher
<http://www.healthteacher.com/>
8. Health World Online
<http://www.healthy.net>
9. Kids Health
<http://www.kidshealth.org/>
10. My Pyramid
<http://www.mypyramid.gov>
11. National Center for Health Education
<http://www.nche.org/>
12. National Geographic
<http://www.nationalgeographic.com>
13. P.E.4LIFE
<http://www.pe4life.com/>
14. PE Central

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- <http://www.pecentral.org>
15. Physical Education Warm-up Lessons
<http://www.teach-nology.com>
16. Planet Earth
<http://www.PlanetEarth.org>
17. Shape Up America
<http://www.shapeup.org>
18. St. Louis Dairy Council
<http://www.stldairycouncil.org>
19. St. Louis Science Center
www.slsc.org
20. US Department of Health and Human Services (HHS)
<http://www.os.dhhs.gov>
20. National Kidney Foundation
<http://www.nkfstl.com>

Print Resources for Health Curriculum

Title of Publication Date	Author	Publisher	
<u>The Human Body</u>	Janice VanCleave	John Wiley & Sons, Inc	1995
<u>Food and Nutrition</u>	Janice VanCleave	John Wiley & Sons, Inc	1999
<u>The World Around Me</u>	Mary Beth Spann Minucci	First Teacher Press	1990
<u>Parents and Children Together</u>	Lutheran Family and Children's Services		1998
<u>Total Health:</u>			
<u>Talking About Life's Changes</u>	Susan Boe	River's Edge Publishing Co.	1999
<u>Sex and the New You</u>	Rich Bimler	Concordia Publishing House	1998
<u>Love, Sex, and God</u>	Bill Ameiss and Jane Graver	Concordia Publishing House	1998