

**LESA
Science Curriculum
2008**

1. Strand: Concepts and Processes	(NSES, IL 12)
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A. Standard: Systems, Order, and Organization

<u>The student will know:</u>	<u>The student will be able to:</u>	<u>Suggested Activities</u>	<u>Suggested Resources</u>
1. Objects can be grouped into categories.	1. Group objects according to various criteria.	1. Use pictures or objects and divide them into groups using various criteria such as shape, color, size, texture, etc.	
2. There are living and non-living things.	2. Identify living and non-living things.	2. Group pictures or objects into living and non-living things or make a class chart of living and non-living things.	
3. Living things are either plant or animal.	3. Identify things as plant or animal.	3. Use pictures to identify things as plant or animal.	

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C. Standard: Change, Constancy, and Measurement

The student will know:

1. Changes and constancy can be measured using proper tools or observation.
2. Data from inquiry can be organized to evaluate results.

The student will be able to:

1. Use tools to measure change (e.g., thermometer, ruler, magnifiers).
2. Make and use charts, graphs, and journals to evaluate the results of data.

Suggested Activities

- 1a. Keep a calendar to chart weather and temperatures.
- 1b. Measure and record changes of seeds and plants.
- 2a. Graph the temperature.
- 2b. Keep a journal of seed or plant changes.

Suggested Resources

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2. Strand: Science as Inquiry

(NSES, IL 11, MO 7)

A. Standard: Abilities Necessary to Do Scientific Inquiry

The student will know:

1. Using simple tools, following directions, or asking for suggestions are helpful in building something or getting something to work better.

2. Words, pictures, number models, and sounds can be used to describe objects and events.

The student will be able to:

1. Use simple tools and follow directions to describe an object or event or solve a problem.

2. Create communications that describe and compare things in terms of number, shape, texture, size, odor, sound, mass, color, and motion.

Suggested Activities

1. Use simple tools, follow directions, or ask for help to build a maze that a pingpong ball can be successfully blown through.

2. Look at a group of objects such as vegetables, leaves, rocks, etc. and describe to another person a single item so that the person can pick it out from the group.

Suggested Resources

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B. Standard: Understandings About Scientific Inquiry

The student will know:

1. The processes of scientific inquiry are important for engaging in science and applying scientific methods.

The student will be able to:

- 1a. Describe an observed event.
- 1b. Develop questions on scientific topics.
- 1c. Collect data for investigations using measuring instruments and technology.
- 1d. Record and store data using available technologies.
- 1e. Arrange data into logical patterns and describe the patterns.
- 1f. Compare observations of individual and group results.

Suggested Activities

1. Use the process of scientific inquiry while performing an experiment; collect and record data; compare and evaluate the results.

Suggested Resources

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3. Strand: Physical Science	(NSES, IL 12, MO 1, 2)
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A. Standard: Properties of Objects and Materials

<u>The student will know:</u>	<u>The student will be able to:</u>	<u>Suggested Activities</u>	<u>Suggested Resources</u>
1. Objects can be described by properties such as size, shape, texture, and color.	1. Organize objects by size, shape, texture, or color.		
2. Matter can be classified as solids, liquids, and gases.	2. Identify solids, liquids, and gases by their properties.	2. Generate a class list of solids, liquids, and gases.	<i>What is the World Made Of? All About Solids, Liquids, and Gases</i> by Kathleen Weidner Zoelfeld, Harper Collins Publishers, 1998
3. Physical properties can change.	3. Identify and observe changes in physical matter.	3a. Show how water changes to ice and to steam. 3b. Make magic muck. 3c. Make an alka bomb.	<i>Merry Poppin's</i> by Bernice Meyers and Bill Schmidt Presented at LEA 2002
4. Heat causes materials to increase in temperature and feel warmer or change state.	4. Select and apply strategies to show how heat causes materials to increase in temperature and feel warmer.	4. Use a light bulb or sunlight and a thermometer to compare how heat flows through different materials (aluminum, air, colored paper, cloth).	

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5. Mixtures are made of different kinds of matter, each with distinct properties.

5. Separate, sort, or group the components of a mixture by their properties.

5a. Dissolve salt in water and let the water evaporate to show that the salt is still there.

5b. Prepare a trail mix or tossed salad. Separate the components of the mixture.

B. Standard: Position and Motion of Objects

The student will know:

1. Objects can be moved by pushing and pulling.

2. Movement of objects can change direction and speed.

3. Simple machines make work easier.

The student will be able to:

1. Identify pushing and pulling as ways to move objects.

2. Understand that pushes and pulls can change the direction and speed of an object.

3. Identify simple machines: lever, wheel, ramp, and pulley.

Suggested Activities

1. Have students push and pull a variety of objects. Students describe the behavior as pushing or pulling

3a. Use a ruler to create a lever.
3b. Move a heavy box with and without wheels.

Suggested Resources

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C. Standard: Light, Heat, Electricity, and Magnetism

The student will know:

1. A shadow is made when something blocks light.
2. Shadows cast by the sun change.
3. Heat comes from different sources.
4. Some materials conduct heat better than others.
5. Objects that give off light may also give off heat.
6. Magnets attract certain metal objects.
7. Magnets attract and repel other magnets.

The student will be able to:

1. Tell how a shadow is made.
2. Learn that the position and shape of a shadow made by the sun can change.
3. Identify sources of heat.
4. Observe that heat moves more easily through some materials than others.
5. Identify a variety of light sources and determine which give off heat.
6. Identify materials that are attracted to a magnet.
7. Observe the effect of one magnet on another.

Suggested Activities

1. Using a projected light, students observe their shadows. Teacher draws profile of student's shadow.
2. Trace a shadow made by the sun at different times of the day.
3. Brainstorm with students sources of heat.
4. Use different materials to insulate an ice cube and record which cube lasts the longest.
5. Compare the heat from several light sources (sun, halogen bulb, incandescent bulb).
6. Create a center containing magnets and objects that may or not be attracted to them.
7. Provide opportunities for students to experiment with the polarity of magnets.

Suggested Resources

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4. Strand: Life Science (NSES, IL 12, MO 3, 4)

A. Standard: Characteristics of Organisms

<u>The student will know:</u>	<u>The student will be able to:</u>	<u>Suggested Activities</u>	<u>Suggested Resources</u>
1. Plants and animals are living things.	1. Identify living things in the world around them.	1. List living things in the classroom, on the playground, at home, etc.	
2. What plants and animals need to grow.	2. Identify what plants and animals need in order to grow.	2. Experiment by growing plants in various environments.	
3. The parts of a plant.	3. Identify roots, stems, leaves, flowers, fruit, and tell their jobs.	3a. Put celery in colored water to observe the work of the stem. 3b. Plant seeds and observe their growth.	<i>How Do Apples Grow?</i> by Betty Maestro, Scholastic, 2000 <i>Primarily Plants</i> 1990 AIMS Education Foundation Grades K-3 <i>The Mailbox</i> , Primary, April/May 2001 <i>The Mailbox</i> , Kindergarten, April/May 2002
4. There are different kinds of animals.	4. Animals can be grouped by how they move and the body coverings and body parts they have.	4a. Using pictures, divide animals into groups according to how they move and the body coverings they have. 4b. Discuss the three body parts of an insect and make an insect out of clay.	

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B. Standard: Life Cycles and Organisms

The student will know:

1. Organisms go through life cycles.

The student will be able to:

1a. Observe and record the phases of the life cycles of various organisms.
1b. Describe ways plants, animals, and people change as they grow.

Suggested Activities

1a. Hatch chicken eggs, watch tadpoles develop, observe butterfly life cycle.
1b. Discuss the human life cycle.

Suggested Resources

Chicken's Aren't the Only Ones, Ruth Heller, Scholastic 1981; www.earth'sbirthday.org
University of MO Extension
Jefferson County 4-H
Program, University
Extension Center, P.O.Box
497, Hillsboro, MO 63050

University Extension,
University of MO System
Lincoln University, Meramec
Tower 1215 Meramec, Suite
501, Clayton, MO 63105
Science Project Guide,
University Extension and MO
Department of Education and
Secondary Education, 1995

Early Themes Life Cycles,
Scholastic Professional
Books, 1998

[http://www.urbanext.uiuc.edu/
eggs/lessonplan08.html](http://www.urbanext.uiuc.edu/eggs/lessonplan08.html)

Pondmarket fieldtrip to get
free tadpoles. 500 South
County Center Way 314-894-
2894

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*Butterflies: Now I Know
Look...a Butterfly* by David
Cutts, Troll Associates, 1982
*Amazing World of Butterflies
and Moths* by Louis Sabin,
Troll Associates, 1982

*Where Do Butterflies Go
When It Rains?* by May
Garelick, Scott Foresman
Company.

A Place For Butterflies by
Melissa Stewart, Scholastic,
2007

2. Plants develop from seeds.

2. Describe how a seed grows
into a plant.

2. Grow a lima bean in a bag and
chart the growth from seed to
plant.

I'm a Seed by Jean Marzollo,
Scholastic, 1996
Seeds! Seeds! Seeds! by
Nancy Elizabeth Wallace,
Scholastic, 2005
*The True Book of Plants We
Know* by O. Irne Sevrey
Miner, Children's Press, 1953

3. Most offspring are similar but
not exactly like their parents.

3. Identify and discuss the
similarities and differences
between parents and their
offspring.

3. Look at pictures or make
drawings of parents and offspring
and draw conclusions about
inherited traits.

*Baby Animals a Change-a-
picture-book*, 1979 Intervisual
Communication, Inc.

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C. Standard: Organisms and Environments

The student will know:

1. All organisms depend on one another and their environment to live and grow.

2. All organisms, including humans, cause changes in their environments that can be either beneficial or harmful to the organisms in the ecosystem.

The student will be able to:

1. Identify the basic needs of organisms and how they depend on their environment to live and grow.

2. Describe the care that need to be given to ensure that plants and animals will continue to have the habitats they need to survive.

Suggested Activities

- 1a. Create a habitat for an animal.
- 1b. Observe animals in their habitats (zoo fieldtrip).
- 1c. Discuss how various seeds disperse and grow.
- 1d. Design a fictitious animal or plant with the physical characteristics that will let it live and grow in a particular environment.
- 1e. Make a shoebox habitat for an animal of your choice.

2. Make a chart listing the basic needs of plants and animals. In two other columns, list examples of what could go wrong with this element and what could be done to make it right. E.g., water birds and oil spills, rainforests, air and water pollution.

Suggested Resources

Underground Homes by Jeff Bauer, Scholastic, 2007
Coral Reef Homes by Jeff Bauer, Scholastic, 2007
Rain Forest Homes by Lydia Carlin, Scholastic, 2007
Tree Homes by Carol Ghiglieri, Scholastic, 2007
Desert Homes by Justin McCory Martin, Scholastic, 2007
Cave Homes by Elizabeth Bennett, Scholastic, 2007

The Last Forest by Laurie Glick, Young Readers Press, 1973
Charlie Was Just a Chipmunk, MO Dept. of Conservation
A World Fit For Chipmunks and Other Things, MO Dept. of Conservation

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3. Food and other useful products come from plants and animals.

3a. Identify foods and other items that come from plants.

3b. Recognize that people need animals for food, clothing, work, and companionship.

3. Generate a class list of how we use plants and animal products.

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5. Strand: Earth and Space Science	(NSES, IL 12, MO 5, 6)
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A. Standard: Properties of Earth Materials

<u>The student will know:</u>	<u>The student will be able to:</u>	<u>Suggested Activities</u>	<u>Suggested Resources</u>
1. The Earth has air, land, and water.	1. Identify land and water on a globe and recognize that air is everywhere.	1. Using a globe, find the continents and large bodies of water.	
2. The Earth is made of many different rocks and minerals.	2a. Recognize that rocks come in many different sizes, colors, and shapes. 2b. Recognize weathering can change rocks. 2c. Recognize that soil is made of rocks and other things. 2d. There are different types of soils.	2a. Examine a rock and mineral collection with magnifiers. 2b. Experiment with shaking chalk in a container to show weathering. 2c. Observe different types of soil.	<i>Let's Go Collecting</i> by Roma Gans, Harper Collins Publishers, 1984

B. Standard: Objects in the Sky

<u>The student will know:</u>	<u>The student will be able to:</u>	<u>Suggested Activities</u>	<u>Suggested Resources</u>
1. The sun, moon, and stars are in the sky.	1. Identify the sun, moon, and stars.	1. Draw a picture of the sky at night and in the day.	
2. The turning of the Earth results in day and night.	2. Demonstrate that the Earth has day and night as a result of the earth turning.	2. Demonstrate day and night by using a ball and flashlight.	

Grade level: First Grade

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| 3. All living things need the sun. | 3. Understand that heat and light from the sun are necessary for life on the Earth. | 3. Grow plants in different locations in the room (window, file drawer, cold area). |
| 4. The moon changes in size and shape. | 4a. Identify changes in the moon.
4b. The moon causes tides. | 4. Draw the phases of the moon. |

C. Standard: Changes in Earth and Sky

The student will know:

1. Weather can vary.

2. Changes in weather and seasons affect plants, animals, and people.

The student will be able to:

- 1a. Identify different types of weather and keep a record of the weather.
- 1b. Measure temperature with thermometers.

- 2a. Tell how people dress for different types of weather.
- 2b. Know that most plants sleep in the winter.
- 2c. Know that some animals hibernate or migrate during cold weather.

Suggested Activities

1. Keep a weather calendar and record the weather and temperature each day.

- 2a. Draw pictures of how people dress for different seasons.
- 2b. Observe changes in the trees and plants around the school and draw the changes over a year.
- 2c. Tell what animals do in winter.

Suggested Resources

- Lightning!* by Lorraine Jean Hopping, Scholastic, 1999
Wind by Marion Dane Bauer
Snow by Marion Dane Bauer
Rain by Marion Dane Bauer, Scholastic, 2005
Early Themes Grades K-1
Weather by Ann Flagg, Professional Books, 1997
- When Autumn Comes* by Robert Maass, Scholastic, 1996
It's Fall by Linda Glaser, Scholastic, 2005

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3. Clouds form when water vapor cools.

3. Demonstrate how a cloud is formed.

3. Rinse a jar in warm water. Put a little warm water in the jar. Place the lid upside down on top of the jar. Put ice cubes on the lid. Observe what happens inside the jar.

Clouds by Marion Dane Bauer, Scholastic, 2005

4. Some natural resources are limited and need to be used wisely and preserved.

4. Tell how natural resources, though limited, can be extended through wise use and recycling.

4a. Make a worm bin.
4b. Start a compost bin. Observe ways your school recycles (paper, aluminum, used clothing, etc.).

Be a Friend to a Tree by Patricia Lauber, Scholastic, 2002 A
Gift of a Tree by Greg Henry Quinn, Scholastic, 1994
Recycle Every Day by Nancy Elizabeth Wallace, Scholastic
Wiggling Worms at Work by Wendy Pfeffer, Scholastic, 2005
Jefferson County Solid Waste Management Recycling Coordinator, worm bin-- Environmental Education Programs
Educational Activities Book--
Reduce, Reuse, Recycle, Jefferson County Recycles, Jefferson County Solid Waste Management Division, P.O. Box 100, Hillsboro, MO 63050 e-mail: kdunnam@jeffcomo.org

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6. Strand: Science and Technology

(NSES, IL 13, MO 8)

A. Standard: Abilities of Technological Design

The student will know:

1. The application of concepts, principles, and processes of technological design are useful in problem solving.

The student will be able to:

1a. Given a simple design problem, formulate possible solutions.
1b. Design a device that will be useful in solving the problem.
1c. Build the device using the materials and tools provided. Test the device and record results using given instruments, techniques, and measurement tools.
1d. Communicate findings accurately using oral, written, and pictorial presentations, and using evidence to support conclusions.

Suggested Activities

1. Students work in small groups to design a paper boat that will hold ten pennies and float across a pan of water.

Suggested Resources

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B. Standard: Understands About Science and Technology

The student will know:

1. Science has an effect on the daily lives of people.

The student will be able to:

1. Identify and describe ways that science and technology affect people's everyday lives (e.g., transportation, medicine, agriculture, sanitation, communication occupations).

Suggested Activities

1a. Discuss with students how science affects their daily lives.
1b. Students draw a picture and write about one way science affects their daily life.

Suggested Resources

C. Standard: Abilities to Distinguish Between Natural Objects and Objects Made by Humans

The student will know:

1. All things are God-made or man-made.

2. All things can be classified as living, non-living, or once-living.

The student will be able to:

1. Identify things created by God and things made by man.

2. Sort items according to the categories of living, non-living, and once-living.

Suggested Activities

1. Make a class list of things created by God and things made by man.

2. Collect items during a nature walk around the school yard. Sort the items and group them according to living, non-living, and once-living. Discuss the students' choices.

Suggested Resources

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7. Strand: Science in Personal and Social Perspectives	(NSES, IL 12, MO 8)
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A. Standard: Personal Health

<u>The student will know:</u>	<u>The student will be able to:</u>	<u>Suggested Activities</u>	<u>Suggested Resources</u>
1. Using all senses helps us observe the world.	1a. Name the five senses and how they can be used. 1b. Use the sense of hearing to identify sounds. 1c. Use the sense of smell to observe and identify different scents. 1d. Describe what can be observed in a given situation.	1a. Shake boxes with small objects and have students try to identify what is in the each box. 1b. Soak cotton balls in various flavorings and have students try to identify the smell. 1c. Play "I Spy".	<i>Sense-able Science</i> , AIMS Education Foundation, 1994 <i>Thematic Unit: Five Senses</i> , Teacher Created Materials, Inc., 1990 Set of Five senses books My Melvin and Gilda Berger, Scholastic, 2003: <i>Your Five Senses, You Smell With Your Nose, You Touch With Your Fingers, You Taste With Your Tongue, You Hear With Your Ears, You See With Your Eyes</i>

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2. Your body is made up of many different parts.

2a. Identify bones as the support your body.

2b. Identify that muscles are responsible for making your bones move your body.

2c. Understand that your heart is a muscle.

2d. Identify skin as protection for what is on the inside of your body.

2e. Understand that God made each of us different.

2a. Read books on the body, bones, muscles, heart, skin that tell the function of each.

2b. Play nutrition dominoes.

Me and My Amazing Body by Joan Sweeney, Scholastic, 2000

Set of body books by Melvin and Gilda Berger, Scholastic, 2005: *Your Bones, Your Muscles, Your Heart, Your Skin, Your Brain, Your Body*

3. Good health practices help us take care of the bodies God gave us.

3a. Tell that washing hands washes away germs and keeps us healthy.

3b. Tell that good nutrition helps keep us healthy.

3c. Tell that exercise and sleep help keep you healthy.

3d. Tell how to take care of their teeth.

3a. Learn about the food pyramid and identify foods in each group.

3b. Have a fruit and vegetable tasting party.

3c. Chart the foods you eat each day for a week by food groups.

3d. Keep a record of how much sleep you get.

3e. Begin an exercise period in your class before you begin your day.

3f. Study about good dental health practices and chart what students do at home.

LESA Health Curriculum Guide

www.mypyramid.gov

American Heart Association *Food Time*, Scholastic, 1995
Sleep Is For Everyone by Paul Showers, 1972

Hooray for Teeth by Gina Shaw, Scholastic, 2001
I Know Why I Brush My Teeth by Kate Rowan, Scholastic, 2000

First Grade Dental Health Program, www.pgschoolprograms.com
Tooth Fairy Booklet, *The Mailbox*, Prek-K, Feb./Mar. 1993

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8. Strand: History and Nature of Science

(NSES, IL 13)

A. Standard: Science as a Human Endeavor

The student will know:

1. All people are scientists as they investigate the world and develop new processes and ideas.

2. Men and women from many backgrounds and countries have made contributions in the area of science.

The student will be able to:

1. Affirm that everyone can think like a scientist, invent things, and have scientific ideas.

2. Describe contributions men and women have had to science and technology (e.g., George Washington Carver, Edward Jenner, Benjamin Franklin, Thomas Edison, Louis Pasteur, Rachel Carson).

Suggested Activities

1. Discuss ways we can think scientifically and encourage everyone to investigate and challenge existing ideas and pursue new ideas.

2. Read biographies about persons who have made important contributions to science.

Suggested Resources